**Referral Information Sheet**

For life-threatening emergencies, dial **911**.

Fairview Hospital's [Behavioral Emergency Center](https://www.mhealth.org/care/overarching-care/emergency-services-adult) staff provides emergency care, assessment, and referrals for people of all ages in a behavioral crisis related to either mental health or substance abuse. The center is located on the [Riverside campus of University of Minnesota Medical Center](https://www.mhealth.org/), Fairview. Patients check-in through the Emergency Department. Telephone: **612-672-6600**

The [National Suicide Prevention Lifeline](https://nationaltoolkit.csw.fsu.edu/resource/national-suicide-prevention-lifeline-1-800-273-talk-8255/) can be reached at **800-273-8255** anytime**.**

[Hennepin County Acute Psychiatric Services](https://www.hennepinhealthcare.org/) (**612-873-3161**) serves those in emotional crisis with 24-hour, seven-day-a-week crisis counseling, assessment, and referral.

[Community-University Health Care Center](https://cuhcc.umn.edu/) (CUHCC) staff provide depression and other mental health issues care for adults and children. Contact cuhcc@umn.edu or **612-301-3433**.

 Any UMN student seeking urgent counseling services (immediate support) can:

o   Contact U of M Crisis Line **at 612-301-4673** anytime.

o   Contact U of M Textline 24/7 by texting "UMN" to **61222**.

**Online and Text Resources:**Dial **988 -**A three-digit dialing code that routes callers to the National Suicide and Crisis Lifeline.  Twenty-four hours a day, seven days a week<https://988lifeline.org/>

**Crisis Text Line** -Text HOME to **741741** from anywhere in the US to reach a volunteer Crisis Counselor.  Twenty-four hours a day, seven days a week [www.crisistextline.org](http://www.crisistextline.org).

[The Steve Fund-Crisis Text Line for people of colo](https://www.stevefund.org/crisistextline/#:~:text=Text%20STEVE%20to%20741741.,trained%20crisis%20counselor%2024%2F7.)r: Text STEVE to **741741** and a live, trained Crisis Counselor will respond. The Steve Fund, through its partnership with the Crisis Text Line, promotes text messaging as a means to improve critically needed access for young people of color to crisis counseling.

**The Trevor Lifeline** (U.S. only) - **1-866-4-U-TREVOR (488-7386)** Twenty-four hours a day, seven days a week.  The Trevor Project primarily serves young people, ages 13-24. [www.thetrevorproject.org](http://www.thetrevorproject.org/)